

# WERE YOU RECENTLY IN THE CARIBBEAN?

**MOSQUITOES**

spread diseases such as  
**CHIKUNGUNYA**  
and **DENGUE.**

Watch for fever  
with joint pains  
or rash in the  
next 2 weeks.

2 WEEKS						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31	1	2	3	4



If you get sick, see a doctor.  
Tell the doctor you traveled to the Caribbean.



For more information: call 800-CDC-INFO (232-4636) or  
visit [www.cdc.gov/travel](http://www.cdc.gov/travel).



U.S. Department of  
Health and Human Services  
Centers for Disease  
Control and Prevention